

## CURRICULUM VITAE

### 1. Personal Details

Names & Surname: Marina Laura Galimberti

Date of Birth: July 16, 1969

Citizenship: argentinian – italian (spanish residency)

Marital Status: married

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Location: Buenos Aires Province. Argentina

### 2. Education:

#### 2.1 Degree Studies:

Bachelor Degree in Psychology. Universidad de la Marina Mercante. Argentina (2009). Licensed n° 46.711

#### 2.2 National Postgraduate Studies

Specialization in Cognitive Psychotherapy Individual, Group, Family and Couples. Universidad Nacional de Mar del Plata / Fundación Aiglé in Agreement with Ackerman institute for the Family (New York). Argentina (2010/2012).

PhD in Psychology. (Thesis ongoing). Universidad de Palermo. Argentina (2011/2013).

Instructor in Art Therapy applied to children, adolescents and the elderly. Facultad de Buenos Aires UBA, Argentina (2019).

Specialization in Clinical Psychology. Universidad John F. Kennedy. First Year

Completed. Argentina (2010).

### **2.3 International Postgraduate Studies**

Rational Emotive & Cognitive Therapy Supervisor. Albert Ellis Institute. New York. EEUU (2019).

Associate Fellow of Albert Ellis Institute. Albert Ellis Institute. New York. EEUU (2019).

Externship in Emotionally Focused Therapy for Couples. By Dr. Sue Johnson. New York. EEUU (2016).

Training in Cognitive Therapy. Depression and Anxiety. Beck Institute for Cognitive Behavior Therapy. By Dr. Aaron Beck y Judith Beck. Philadelphia. EEUU (2011).

Advanced Certificate in REBT. Training Course in Rational- Emotive & Cognitive Behavioral Theory and Techniques. In Agreement with Universidad de Flores & Albert Ellis Institute of New York. Charterer by the Regents of the University of the State of New York. EEUU (2010).

Primary Certificate in REBT Rational Emotive Behavior Therapy. En conjunto con Universidad de Flores y Albert Ellis Institute de New York. Charterer by the Regents of the University of the State of New York. EEUU (2010).

Externship in Family Therapy. Ackerman Institute for the Family. New York. EEUU (2009).

International Clinical Seminar on Positive Psychology "Conducting a live session". Clinical interventions from Positive Psychology. Speaker: Dr Amit Oren (USA) from Yale University. 2014. Buenos Aires. Argentina (2014).

In Congress Workshop: "A Cognitive-Behavioral Program to lose weight and maintain it". Speaker: Dr. Judith Beck. 7th World Congress of Behavioral Cognitive Therapies. Lima. Peru (2013).

In Congress Workshop: "Treating Anxiety in Youth: Clinical Procedures Informed by Develomental, Cognitive, Behavioral, and Family Literatures. 7th World Congress of Behavioral Cognitive Therapies, Lima, Peru (2013).

Clinical Master: Cognitive Behavior Therapy for Personality Disorders. Speaker: Dr. Judith Beck. 7th World Congress of Behavioral Cognitive Therapies. Lima, Peru (2013).

Clinical Master: Mindfulness-Based Cognitive Therapy, Ten Years On: What have we learn, what are Outstanding Challenges. 7th World Congress of Behavioral Cognitive Therapies. Lima, Perú (2013).

Seminar: Clinical applications of Positive Psychology. Speaker: Dr Amit Oren from Yale University (EEUU). Universidad de Palermo. Argentina (2011).

Training in "Cognitive-Behavioral Therapy for Obsessive Compulsive Disorder". American Institute for Cognitive Therapy. By Dr. Lata Mc Ginn, New York. EEUU (2010).

Training in "A transdiagnostic approach to clients with multiple diagnoses, such as alcohol and substance abuse, depression, bi-polar and anxiety disorders". Albert Ellis Institute. By Dr. Michler Bishop, New York. (EEUU) Mayo 14, (2010).

Training in "Eating Disorders". Evidence-based treatment for Eating Disorders. By Dr. Kristene Doyle from Albert Ellis Institute of New York in CATREC. Argentina. May, (2010).

Seminar "Positive Psychology". By Dr. Amit Oren from Yale University. Universidad de Palermo. Argentina (2010).

Pre-Congress Workshop. "Therapy focused on emotion: the transforming effect of affect". International Congress of Constructivist and Posrationalist Cognitive Therapies. By Leslie Greenberg. Professor at York University of Toronto. Buenos Aires (2009).

## **2.4 COURSES**

Leadership, Empowerment and Coaching. Faculty of Economic Sciences of the University of Buenos Aires. (2014).

Pathological Affective Dependencies Course. Centro de Terapia Cognitiva. Argentina (2014).

Separation Approach from the Theory of Attachment. MCG Training. Argentina (2014).

Tools in the diagnostic assessment of children and adolescents. The clinical diagnosis and the use of scales in working with children. Clinical Neuropsychology Foundation. Argentina (2012).

Advanced University Course in Neurolearning. Resources for the development of intellectual and emotional cognitive skills. University of Belgrano. Argentina (2011).

Intensive Course on Clinical Updates in Cognitive Therapy. Dictated by Dr. Héctor Fernandez Alvarez. Fundación Aiglé. Argentina (2011)

Clinical applications of Positive Psychology. Dr Amit Oren (USA). Yale University. Course belonging to the Doctorate of Psychology. University of Palermo. Argentina (2011).

MBSR Program (Mindfulness Based Stress Reduction). Vision Mindfulness Argentina (2011).

Training in EMDR. Level 1. EMDR Argentina. Recognized by EMDR Institute of USA. Argentina (2010).

Couple Therapy. ISDEBA. Level 1. Argentina (2009).

2nd Annual Update Course on Mental Health for Children and Adolescents. General Hospital for Children Dr Pedro Elizalde. Argentina (2009).

1st Annual Update Course in Mental Health for Children and Adolescents - General Hospital for Children Dr. Pedro Elizalde. Argentina (2008).

1st Annual Update Course in Mental Health for Children and Adolescents - General Hospital for Children Dr. Pedro Elizalde. Argentina (2008).

Introduction to TREC. Rational Emotive Behavioral Therapy. Merchant Marine University. Argentina (2008).

Course "Psychopathology of the love life". Merchant Marine University. Argentina (2007).

Course: "Delirium, Hysteria and Simulation". Merchant Marine University. Argentina (2007).

Course "Training in Psychosomatics". Level 1. University of the Merchant Navy.

July 2006

Ceremonial and Social and Business Protocol. Ex-Internship Center of the Organization of American States (OAS) 1996.

## **2.5 SEMINARS**

International Workshop: Behavioral Emotional Rational Therapy applied to Children. By Ann Vernon. Certified by CATREC and Albert Ellis Institute of NY. Argentina (2017).

International Seminar: Therapy focused on emotions. Speaker: Elana Katz. (Ackerman Institute for the Family, NYC). Aiglé Foundation. Argentina (2016).

International Clinical Seminar on Positive Psychology and Clinical Applications. Speaker: Amit Oren. CPPA Center of Applied Positive Psychology of Argentina. Argentina (2014).

International Clinical Seminar of Positive Psychology. Speaker: Amit Oren. Conformation Arco. Argentina (2014).

International seminar: Money and family life. Speaker Judith Stern Peck. (Ackerman Institute for the Family, NYC). Aiglé Foundation. Argentina (2010).

International Seminar: Psychological treatments based on evidence. Dra Bottle. From Jaime I. Valencia University. Aiglé Foundation. Argentina (2010).

Seminar on Couple Therapy based on the Multimodal Approach. By Michele Sheinkman. Ackerman Institute for the family. Aiglé Foundation. Argentina (2009).

Seminar "Obsessive Neurosis". Merchant Marine University. Argentina (2008).

Seminar "Psychopharmacology for psychologists". Merchant Marine University. Argentina (2007).

Seminar "Introduction to the work of Lacan". His return to Freud articulated in "The Unconscious structured as a language". Merchant Marine University. Argentina (2007).

Seminar "The analytical psychology of Carl Gustav Jung". Merchant Marine University. Argentina (2007).

Seminar "Clinic of the Urgency: a psychoanalytic look". Merchant Marine University. Argentina (2007).

Seminar "Approach to high capacities". Merchant Marine University. Argentina (2007).

Annual Clinical Training Seminar: "Clinical Approach in Psychosis". Merchant Marine University. Argentina (2006).

Seminar "Pulsions and destinies of drive". Merchant Marine University. Argentina (2006)

Clinical training workshop articulated with presentation of patients at the Jose T Borda Hospital. By Dr Carofile. Jose T Borda Hospital (2008).

## **2.6 Workshops**

Workshop Mindfulness and Clinical Applications: Anxiety. Vision Clara. Argentina (2011).

Workshop on Erotic Intelligence. Speaker Esther Perel. (Ackerman Institute for the Family, NY). In agreement with Fundación Aiglé. Argentina (2011).

Workshop Mindfulness and Anxiety. INECO. Argentina (2010)

Workshop on Cognitive Behavioral Treatment for Panic Attacks. Forum Foundation. Argentina (2010).

Workshop on Couple therapy and consultation for infidelity. ISDEBA. Argentina (2009).

Theoretical-Vivencial Workshop: Focusing: "The way from the body to the word". Merchant Marine University. Argentina (2006).

## **2.7 CONFERENCES**

Rational Emotive Behavior Therapy: Differences in the practice of the cognitive-behavioral approach. By Dr. Kristene Doyle (USA). ALAMOC Paraguay Congress. Paraguay (2014).

Empirically validated Psychological Treatments. By Dr. Buela-Casal (Spain) Congress ALAMOC. Paraguay (2014).

Stress and its crises. Advanced Therapies Center. Dr Kustnezoff. Argentina (2010)

The pathological affective dependencies. University of Palermo. Argentina (2009).

Humor in psychotherapy. Merchant Marine University. Argentina (2008).

Idea of Man for Existential Analysis. Logotherapy. Merchant Marine University. Argentina (2008).



### **3. Work & Teaching Experience**

#### **3.1 Positions**

Founder and Director of the I.P.P.C. of Cognitive Psychotherapy ([www.centroi PPC.org](http://www.centroi PPC.org)). Argentina. Start: May 2011 to date.

Founder and Director of the C.P.P.A. - Center for Applied Positive Psychology of Argentina ([www.centrocppa.org](http://www.centrocppa.org)). Argentina. Start: October 2013 to date.

Founder and Director of the ANA Positive Network. Help Network for the Child and the Elderly. Education and Volunteering. Benefit Cause ([www.redanapositiva.com](http://www.redanapositiva.com)). Start January 2014 to date.

National Coordinator of Argentina / Representative of ALAMOC in Argentina (Latin American Association of Analysis, Modification of Behavior and Cognitive Behavior Therapies). 2014 to date.

Representative and Founding Member of RELAPPA in Argentina (Latin American Network of Applied Positive Psychology). 2014 to date.

#### **3.2 Postgraduate Teaching**

Primary Level of TREC and Cognitive Therapy. Professor. CATREC- University of Flores. Argentina (2011 to date).

Advanced Graduate Course in Cognitive Therapy. Professor. CATREC- University of Flores. Argentina (2011-2014).

Mindfulness. Professor. CATREC- University of Business Sciences. Argentina (2012 to date).

Diploma in Third Wave Therapies and Positive Psychology. Professor. CATREC- University of Business Sciences. Argentina (2013 to date).

Applied Positive Psychology. Professor. CATREC- UCES. Argentina (2014 to date).

Diploma in Positive Psychology: Theoretical Foundations, Fundamental Concepts and Measurement Instruments. Professor of Postgraduate. CPPA Center for Applied Positive Psychology. Argentina (2014 to date).

Diploma in Positive Psychology: Model PERMA and Flourishing. Professor of Postgraduate. CPPA Center for Applied Positive Psychology. Argentina (2014 to date).

Diploma in Child Emotional Education: Theoretical Foundations and Therapeutic and Educational Interventions. Professor of Postgraduate. IPPC Center of Cognitive Psychotherapy. Argentina (2012 to date).

Vocational Guidance Workshop from the Resilience Approach and Theory of Multiple Intelligences. Professor. IPPC Center of Cognitive Psychotherapy. Argentina (2013).

Vocational Guidance Diploma: Cognitive Behavioral Approach. Professor: IPPC Center of Cognitive Psychotherapy. Argentina (2014 to date).

Genogram and its use in therapeutic field. Professor. IPPC Center of Cognitive Psychotherapy. Argentina (2012- 2013- 2016).

### **3.3 Internships and Clinical Practice**

Private clinical practice. Argentina. (Since 2010 to date).

Supervisor of Clinical Cases. IPPC Center of Cognitive Psychotherapy. Argentina. (2011 to date).

Clinical Care of Children and Adults. IPPC Center of Cognitive Psychotherapy. Argentina (2011-2012-2015).

Academic Assistance Unit belonging to the John F Kennedy University. Admission Department as part of the training. Argentina (2009).

Supervision of clinical cases. Observation of patients in the Gesell Chamber as part of the training. Ackerman Institute for the Family. New York EEUU (April, 2009)

Observation of patients in the Gesell Chamber as part of the degree in Psychology. Private Center of Psychotherapies. Argentina (2006 -2007- 2008).

#### **4. Memberships**

RELAPPA (Latin American Network of Applied Positive Psychology. Founding Member and Representative of Argentina. (2014 to date).

Latin American Journal of Positive Psychology ([www.psycap.cl](http://www.psycap.cl)). Member of the Editorial Committee of Psycap Magazine. Till the date.

IPPA (International Positive Psychology Association). Member. 2016- 2018.

APA (American Psychological Association). Member. (2016-2017).

ICEEFT (International Center for Excellence in Emotionally Focused Therapy). Member. 2016-2018.

Latin American Association of Analysis, Modification of Behavior and Cognitive and Behavioral Therapy (ALAMOC). Member. 2014 to date.

## **5. Congresses | Symposiums**

### **5.1 Speaker at Congresses| Symposium**

Topic: Approach to depression from Positive Psychotherapy. Speaker. 1st Brazilian Symposium of Positive Psychology. Brazil, 2014.

Topic: Therapeutic Approach to Binge Eating Disorder from the Mindfulness or Mindfulness approach. Poster. 7th World Congress of Behavioral Cognitive Therapies. Peru, 2013.

Topic: Children's Emotional Education. Latin American Congress "Cognitive Therapies of the XXI Century". Speaker. Organized by ALAMOC. Argentina. August 2012.

Topic: Depression and its approach from Positive Psychology. Speaker. VI Iberoamerican Congress of Positive Psychology. Organized by University of Palermo. Buenos Aires. November 2011.

### **5.2 Attendances at Congresses**

XVI Congress of ALAMOC. Asunción, Paraguay. 09, 10, 11 October, 2014.

1st Brazilian Symposium of Positive Psychology. Foz do Iguazú, Brazil. March 22 and 23, 2014. Assistant and Speaker.

9th Ibero-American Encounter of Positive Psychology. Buenos Aires. Attendance. 2013.

7th World Congress of Cognitive and Behavioral Therapies. Lima Peru. July 2013.  
Attendance and Speaker.

7th Conference on Positive Psychology. Organized by the University of Palermo.  
2012

VI Iberoamerican Congress of Positive Psychology. Organized by the University of  
Palermo. 2011

V Ibero-American Congress of Positive Psychology. Organized by the University of  
Palermo. 2010

Cognitive Therapy In Days. AATC. Buenos Aires. 2011

2nd Conference of Cognitive Therapy for Children and Adolescents. November  
2010.

International Symposium on Affective Disorders. University of Palermo. November  
2010.

Introduction to Cognitive-Behavioral Assessment and Treatment in Children. In  
days. CETECIC. 2010.

XXV Clinical Days "The desire in the current clinic". AEPA Foundation – 2008.

2nd Day of Psychocardiology "Caring for the heart". Institute of Psychocardiology.  
2008.

Scientific Days 2008. Mental Health Center n°1 Dr Hugo Rosarios. "Vicissitudes of  
drive and love in the cure". 2008.

1st Conference on Mental Health at Elizalde Hospital: Hospital Articulation. 2007.

XXV Conferences of the Tobar García Hospital. "Psychoanalysis in Public hospitals. Treatment of Psychosis. 2007.

1st Symposium on Psychocardiology "Caring for the heart". Institute of Psychocardiology. 2007.

## **6. Scientific Publications**

Emotional Education and Welfare in Academic Scope. (2014). Revista Latinoamericana de Psicología Positiva Psycap, 1 (1). ISSN 07194420

Depression Approach from Positive Psychotherapy. (2014). Epigraph Editorial and Graphics Ltda (Brazil). Center for Applied Psychology and Formacao do Rio de Janeiro. 1st Brazilian Symposium on Positive Psychology (Brazil).

## **7. Investigation**

Infidelity in marriage: its significance for the female gender. Investigation project. University of Palermo. 2010